

# Llinell gymorth y Gwasanaeth Seicoleg Addysg i Rieni

## Gwasanaeth Seicoleg Addysg RhCT a Merthyr Tudful

### Llinell Gymorth i Rieni

Bydd Llinell Gymorth y Gwasanaeth Seicoleg Addysg ar gael yn ystod 3 phrynhawn yr wythnos (dydd Llun, dydd Mercher a ddydd Gwener). Bydd cyfle i rieni drafod unrhyw bryderon sydd gyda nhw ynghylch lles a/neu anghenion dysgu eu plant.

Bydd y gwasanaeth yma'n galluogi rhieni i fanteisio ar gymorth seicolegol heb orfod aros am ymweliad â'r ysgol.

Er mwyn manteisio ar y Llinell Gymorth, anfonwch e-bost aton ni:

[EPS@rctcbc.gov.uk](mailto:EPS@rctcbc.gov.uk)

Nodwch rif ffôn a throsolwg byr o'r cyngor/cymorth sydd ei angen yn eich e-bost.

Ar ôl derbyn cais, bydd aelod o'n carfan yn cysylltu â chi i drefnu apwyntiad ymgynghori 30 munud ar adeg sy'n gyfleus i chi.

### **Materion y mae modd i ni gynnig cymorth arnynt:**

Cefnogi plant ag anghenion dysgu ychwanegol

Cefnogi iechyd meddwl a lles plant

## EPS support line for Parents

### Educational Psychology Service in RCT and Merthyr Tydfil

#### Support Line Service for parents.

The EPS Support Line will be running 3 afternoons per week (Monday, Wednesday and Friday) and offers parents the opportunity to discuss any concerns they may have regarding the wellbeing and/or learning needs of children.

This service will enable parents to access psychological support without having to wait for a school visit .

To access the EPS Support Line contact us via email at **[EPS@rctcbc.gov.uk](mailto:EPS@rctcbc.gov.uk)**

providing a telephone contact and brief overview of the advice/support required.

Once a request has been received you will be contacted by a member of our team to arrange a 30 minute consultation slot at a convenient time.

#### **Issues we can help with:**

- Supporting children with additional learning needs
- Supporting children's mental health and wellbeing